Construction Academy students have hands-on learning at Fitzmaurice Hall

Last week, students involved in the Academy's "Construction Academy" had an opportunity to visit the site of Fitzmaurice Hall to review and have hands-on experience with what they've been learning in the program, which serves as a real-life classroom experience.

The construction project is being completed by Regency Construction Services, one of the largest female-owned construction companies. Regency's Principal, Founder and President and former Saint Joseph Academy Board of Directors member Tari Rivera is a role model in an industry dominated by men, as well as a source of inspiration for students interested in fields including architecture, math, engineering and sustainability. Click here to read more about Construction Academy.
Wednesday, October 9
Joe’s Clothes Day

Fall Pep Rally, 2:30 p.m.

Pride Bowl, 3:30-6:30 p.m.

Thursday, October 10
No School/Office
Closed/Faculty and Staff
Restorative Practices Training/Blizzard Bag Day for Students

Friday, October 11
No School/Office Open

Explore the Academy: 5th, 6th and 7th Grade Visit Day, 9 a.m.-12 p.m. Click here to register.

Student Spotlight

Name: Veronica Barranca ‘20

Accomplishments: Veronica Barranca ‘20 has been named a National Hispanic Recognition Program Scholar. This honor highlights the top 2.5% among Hispanic and Latino PSAT/NMSQT test takers in the region.

Veronica is actively involved in both academics and extracurricular activities at Saint Joseph Academy. She has already completed five Advanced Placement (AP®) classes, adding three more this year. Her coursework allowed her to deepen her knowledge of math and world languages, laying the foundation for a successful future.

Parent Teacher Conferences: Thursday, October 3

Parent Teacher Conferences will be held on Thursday, October 3, 3:30-8:30 p.m.

An online appointment system is being used to schedule conferences. Parents/guardians are invited to sign up for ten minute appointments with any or all of your daughter's teachers. If you feel that you need more than ten minutes to meet with your daughter's teacher(s), please email them directly to set up a conference for another day.

Please note conferences are not mandatory. You only need to schedule appointments with teachers you feel it necessary to see.

To sign up for an appointment, please click here. You will be asked to select your daughter's teachers and enter your information including an email address.

If you have any questions, please contact the Main Office at 216.251.6788 or email Dean of Women Ms. Marie Ciolek.

First of Four Stress Management and Anxiety Presentations for Parents/Guardians: Thursday, October 3

The National Institute of Mental Health estimates approximately 31.9% of adolescents have an anxiety disorder. However, the prevalence is higher in girls. Saint Joseph Academy annually conducts the Independent School Health Check Report. This self-report survey assesses various areas of well-being, including mental health within the Saint Joseph Academy population. This presentation will address anxiety, academic pressure and other helpful information including:

- Types and Definitions of Anxiety Disorders
- Symptoms and Diagnosis
- Causes and Risks
- Anxiety Management Techniques

Join us on Thursday, October 3, 5:30-6 p.m. or 7-7:30 p.m. in the Auditorium for a presentation with the Academy’s School Psychologist Melonee Davis, EdS. Gain valuable information and insight about how to help your daughter manage her stress and anxiety in a healthy manner.

Special Presentation from New York Times' Best-Selling Author Rachel Simmons: Monday, November 25, 7-8 p.m.

Raising a teenage daughter can be challenging at times. Gain valuable information and insight about how to improve your relationship with your daughter as you help her navigate into adulthood. New York Times' Best-Selling author Rachel Simmons will share how practical parenting tips from her new book, Enough As She Is.

Monday, November 25, 7-8 p.m., Saint Joseph Academy Auditorium

You are invited to join us for this free, incredible presentation. Registration is required as space is limited. Click here to register.
"I've always favored my math and Spanish classes. Because both my parents work with numbers, I was always inclined to excel in my math classes and grew to enjoy them during my time at the Academy. As for Spanish, I grew up speaking the language and growing in the culture. Working to improve my skills in the language and immersing myself in different Latino cultures through class and through my service immersion trip to the Dominican Republic has been extremely rewarding," shared Veronica.

**Activities & Interests:**
At Saint Joseph Academy, Veronica is a member of UNITY Club and Catholic Schools for Peace and Justice and serves on the leadership team for Spanish Club. Outside of the Academy, she is involved in the One-On-One Mentoring Program with Esperanza Inc., a nonprofit organization that works to improve the academic achievement of Hispanics in Greater Cleveland.

Copies of *Enough As She Is* will be available for purchase that evening. For more information about Rachel Simmons, click [here](#).

We hope you can join us on **Monday, November 25**!

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**$20,000 is Just a Ticket Away!**

We are almost to the halfway point in the Jaguar Jackpot raffle! Congratulations to all those students who have already sold 30 or more tickets and are wearing "Joe's Clothes" and being entered in our daily drawings for great prizes.

These students who have sold their 30 or more tickets are now entered in our drawing for a $2,000 tuition credit for the 2019-2020 school year. Every 30 tickets sold gives you an extra chance to win! Don’t let your daughter miss out - keep encouraging her to sell her Jaguar Jackpot tickets!

Tickets may be turned in during Activity Blocks in Room 041 through **Friday, October 11 at 12 p.m.**

Only Ohio residents may purchase online tickets [here](#) through **Sunday, October 13, 11:59 p.m. EST.**

Grand Prize drawing to be held on **Monday, October 14**. Good luck!

Please contact Stewardship Coordinator Mrs. Donna Corrigan Ernst ’80, P’14 with any questions.

*Reminder: This is the only required fundraiser for the 2019-2020 school year. You will be billed for the balance of unsold tickets after the drawing.*

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**All-School Test Day: Wednesday, October 16**

**Wednesday, October 16** is an all-school testing day at Saint Joseph Academy. Students in Grades 9, 10 and 11 will take standardized assessments, while the Seniors will use this day for college planning. Click [here](#) to read the letter sent to parents/guardians.

Please review the approximate dismissal times as you arrange transportation for your daughter. Freshmen will be dismissed at approximately 11:30 a.m. Sophomores and Juniors will be dismissed at 12 p.m. **The Dining Hall will be closed on all-school testing day.**

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**E-News Survey Feedback Follow-Up**
Parents/Guardians of students in the Senior, Junior and Sophomore classes, thank you for participating in the e-newsletter survey that was distributed in the spring of 2019.

We are so appreciative of your feedback and our results found the majority of parents/guardians are pleased with the amount of information being distributed.

We also asked for feedback and are working to keep incorporating it into our current newsletter format. Thank you again for your input!

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**Freshmen Welcomed by Seniors**

Today, the Class of 2023 was officially welcomed by the Class of 2020 in an annual ceremony designed to create a bond between the two classes. This year's theme was "Welcome to the Big League."

Seniors designed and wore navy blue baseball tees and greeted the Freshmen with cheers. The freshmen wore dark green baseball shirts, designed for the event. The Seniors escorted the Freshmen into the baseball-
The Freshman and Senior classes celebrate Freshman Welcome.

Kerrigan Ponsart ’20 themed hallway. The fun-filled day included skits, singing and a dance party. Click here for photos of the celebration.

Athletics

Volleyball Sweeps Lake Catholic High School; Remains #7 in State Poll
The Saint Joseph Academy volleyball team swept Lake Catholic 3-0 (30-28, 25-12, 25-16)! The Jaguars are now 12-5 overall and 4-1 in the North Coast League.

Crew Finishes First at Head of the Cuyahoga Regatta
The Jaguar Navy opened the 2019-2020 racing season last weekend at the 24th Annual Head of the Cuyahoga Regatta in downtown Cleveland. The team had 14 entries in this year’s regatta and finished first overall against 21 other women’s high school teams. The Novice Crew competed well in their first-ever regatta earning a silver medal in the Novice 8+ event. Also racing were two crews of Alumnae from the classes of 2012-2019. A full list of results can be found here. The team travels to Pittsburgh, PA on Sunday, October 6 to compete in the Head of the Ohio Regatta.

Varsity Tennis Ties School Record with 16th Win
The Jaguar tennis team tied a school record with their 16th win of the season with a 5-0 sweep at Westlake High School. The 16 wins match the 2016 team that finished 16-6. Tia Clemens ’23 picked up the Jaguars first victory with a 6-1, 6-3 win at first singles. Melissa Martin ’20/Delia Guzic ’23 were very impressive in a 6-1, 6-1 victory at first doubles and Grace Kamis ’21 picked up her team leading 25th victory of the season with a 6-2, 6-0 win at third singles. Click here for match results.

Cross Country Captures Third Consecutive Title at J.B. Firestone Invitational
The cross country team captured their third-straight team title at the J.B. Firestone Invitational, hosted by Black River High School. The Jaguars finished with 58 points as they had seven of the top 27 runners in the race, who are listed below with their place.

8. Carlee Blankenship - 21:33.7
9. Anna Duesenberg - 21:38.2
10. Sarah Scott - 21:46.0
14. Bridget Chambers - 22:07.0
17. Lizzie McGuire - 22:17.4
27. Bridget Boland - 23:09.4

Soccer Ties Gilmour Academy 2-2
The soccer team played to a 2-2 tie in North Coast League (NCL) action last night against Gilmour Academy. The Jaguars were able to draw even thanks to a 30-yard left-footed blast from midfielder Claire Shepherd ’20 with 25 seconds remaining in the game. She scored on a similar shot with her right foot with seven minutes remaining in the first half, after the Jaguars had trailed the Lancers 2-0. Goalkeeper Abby Lewandowski ’20 was excellent with several key saves on the night.

Mattie Krankowski ’21 Shoots Season-Low Against Magnificat
The golf team dropped its match to the
Magnificat Blue Streaks on Monday, September 23 173-202 at Sweetbriar Golf Course. The Jaguars were led by Mattie Krankowski ’21 who fired a season-best 46. Maddy Yuhasz ’20 shot 49 to finish second for the Academy. The Jaguars return to Sweetbriar on Wednesday, October 2 for the Ohio High School Athletic Association (OHSAA) Sectional tournament.

Volleyball CYO Night: Tuesday, October 8

Saint Joseph Academy and the Jaguar volleyball program are excited to welcome CYO volleyball players and their families to our match against Walsh Jesuit High School on Tuesday, October 8.

The Freshmen match between the Jaguars and Warriors begins at 4:30 p.m., followed by the Junior Varsity and Varsity matches. This will be a North Coast League (NCL) match between the Academy and Walsh Jesuit.

Help spread the word to neighbors and friends: All CYO players who wear their CYO jerseys will be admitted to the matches free of charge as will their coaches. There will be raffle drawings throughout the evening for CYO players. CYO Coaches - please click here to RSVP.

Congratulations and good luck to all of our teams at their upcoming athletic events!

To view photos, check out scores or to see the schedules for upcoming games and important meetings, click here.