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Saint Joseph Academy Alumna to Compete in Rowing World Championships

Saint Joseph Academy alumna Sarah Johanek ’15 was selected for the USA U23 Rowing Team where she will be competing for Team USA July 25-29 at the World Championships in Poland. She was accepted to train at the USRowing National Training Center in Princeton, New Jersey as one of 34 women across the country.

Sarah was chosen as one of 12 from this group to compete at the Henley Royal Regatta in London, one of the most well-known and prestigious regattas in the world. She recently learned that she qualified for the National U23 Team (16 women were chosen out of 34) that will compete at the World Championships.

Sarah is a student-athlete who rows at Rutgers University, where she is a junior majoring in public health. Sarah, who earned her second-straight First Team All-Big Ten selection, will race in the four with coxswain.

During her time at Saint Joseph Academy, she earned 22 medals. Sarah was a 2012 and 2013 Midwest Scholastic Championship Medalist. She was a National Championship Competitor - Lightweight 4+ 2013 (11th place), was a competitor in 2012, 2013 and 2014 at the Head of the Charles. Ms. Johanek competed in the Stotesbury Cup, received the 2012 Top Novice award winner, 2013 and 2015 Top Oar (MVP) honoree.

“Throughout her high school rowing career, Sarah always wanted to improve, putting in long hours of training to become a better athlete, not only pushing herself but also her teammates. It was no surprise to me when she moved up to the top of the Varsity team at Rutgers University and made the U23 Team. Her strong work ethic and commitment to excellence has propelled her to the to be a part of an elite group of rowers in the country,” shared Saint Joseph Academy’s Head Coach Varsity Crew Mr. Rob Zdankiewicz.

Congratulations to her and best of luck as she competes in the World Championship!

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Now in its 128th year, Saint Joseph Academy is the only all-girls Catholic high school in the City of Cleveland. With a current enrollment of 715 young women, Saint Joseph Academy is rooted in the spirituality of the Congregation of St. Joseph and works to foster unifying relationships with God and all creation. Each young woman is empowered to achieve academic excellence, and inspired to a life of compassionate leadership and service in a global society. Saint Joseph Academy is located at 3470 Rocky River Drive in Cleveland. For more information, visit www.sja1890.org or call 216.251.6788.