In This Issue

Spotlight
‘Willesden Lane’ Author
Theater Awards
Wellness Fair
Trip to Spain
Book Club Fundraisers
ELA Leadership Programs
Wellness Survey
Paw Prints Store Winter Clearance Sale
Senior Pictures Needed
Spring Musical
Scholarship Deadline
‘Leadership’

Quick Links
School Calendar
Paw Prints Store Calendar

Upcoming Events
March 19
Journey With Joseph,
mini-retreat, 8:30 a.m.-noon.
Free event for fathers/daughter.

March 22
Daughter Shares Inspiration of Her Mother's Tale in 'Children of Willesden Lane' Book, Concert
Last week students had the opportunity to enjoy the artistry and talent of pianist Mona Golabek, co-author of "The Children of Willesden Lane." The

Parents: At a Glance
March 22
Easter Prayer Service
1:30 p.m.

March 23-April 4
Easter Break

March 23-March 31
International Trip to Spain

April 24
Annual Mother-Daughter Mass & Reception,
10 a.m. at SJA.

Because of Easter break, the next e-newsletter will not be sent until April 8.

Have a Blessed and Happy Easter!

Daughter Shares Inspiration of Her Mother's Tale in 'Children of Willesden Lane' Book, Concert
Last week students had the opportunity to enjoy the artistry and talent of pianist Mona Golabek, co-author of "The Children of Willesden Lane." The
Easter Prayer Service.

March 23-April 4
Easter break. No school.

March 23, 24
No school, office open.

April 7
Wellness Survey, all students, 8 a.m.

April 24
Mother-Daughter Mass & Reception, 10 a.m., at SJA.

Spotlight

Name: Katie Butterfield '16

Accomplishment: Katie is taking her love of science and engineering to new heights with extracurricular studying and projects.

Fun Facts: Katie is currently working on the idea to take Lake Erie water samples and test them for microplastics. "What is really cool is how she is creating an affordable model based on commercially available models," shared Science teacher Mary Ellen Foley Scott '76. "She is going to create instructions for teachers to be able to work with their classes to build their own.

The school-wide project of reading the book was capped with a live reading and piano concert by Ms. Golabek. Ms. Golabek is a Grammy-nominated recording artist who uses the piano to share her mother's incredible story. In her performance, she uses classical piano pieces and narration enhanced with photos and videos of her mother's journey. Full Story

Students Receive Top Awards at Cleveland Theater Conference One Act Play Festival

Two students received top awards last Saturday at the Cleveland Theater Conference One Act Festival, held at John Carroll University. Jane Roche '19 won the Karen Keys Book Award for Most Potential and Hannah Glaser '18 won Best Performance.

"At the competition, I played Gail, a timid 16 year old who was learning how to drive," shared Jane. "Hannah played Margie, my eccentric driving instructor who constantly instructed me to break driving laws. At the end of the test, my character comes out of her shell only to find that she failed the test because she's 'negatively influenced by other bad drivers in the car.' Throughout the show we had to pantomime that we were in a car.” Full Story

Wellness Fair Stresses Mental, Physical Health
own test equipment. Right now, only colleges can afford the devices."

Last year, added Mrs. Scott, Katie came in first place at the University of Notre Dame engineering challenge for bridge design, which included an economic component.

"I took 'Introduction to Engineering' my freshman year and really enjoyed it!" said Katie.

Last summer, Katie took an engineering class at The Ohio State University and at the University of Notre Dame, "They both had bridge design competitions at the end and I was in the winning group for both of them," she said. "Our job was to design the lightest bridge that could hold the most weight."

Katie is planning on studying Mechanical Engineering in college, with a concentration in aerospace engineering. She has been accepted to The Ohio State University, the University of Dayton, Saint Louis University, and Saint Mary's College. "I'm still waiting on a few others to get back to me, so I haven't made a decision yet," she said.

Katie is a Eucharistic Minister and altar server. She has gone to Kermit, W.V., the last two summers to "serve the dear neighbor." For the last four years, she's been on the Cross Country and Track & Field teams at SJA.

Building on Wellness Curriculum programs experienced so far this year, HSHP students this week organized a Wellness Fair as a fun and informational way to urge fellow students to enjoy a healthy lifestyle. Booths included: an HPAC (the Health Sciences Honors Program student club) area highlighting oral health information; demonstrations on CPR; stress relief tips, such as eating healthy foods and creating "stress balls" with flour and balloons; alcohol awareness demonstrations; and an obstacle course with students taking on physical challenges in a short amount of time.

Mental health, an important component of wellness, was also touched on at the fair with a booth titled "Mental Health: Stop the Stigma." [Full Story]

**Students Expand Global Perspectives in Spain**

Forty students and six chaperones are set to enjoy the wonders of Northern Spain in a nine-day trip starting next Wednesday. The cultural immersion trip includes various stops in Madrid, Burgos, San Sebastián and Barcelona.The Guggenheim Museum and the world famous La Sagrada Familia Cathedral are a couple of their noteworthy destinations.

The trip is designed to help students become more internationally minded and appreciative of other cultures.

Safe travels! **Viajes seguros!**

**Don't Miss Tomorrow's Barnes & Noble Bookfair, 'Fridays' Fundraisers for SJA Book Club**

Spend tomorrow morning enjoying the musical talents of our students and then grab lunch or dinner at a nearby TGI Fridays - all to benefit the *Sursum Libros* Book Club! The Crocker Park Barnes and Noble is holding a bookfair tomorrow (Saturday, March 19) from 9 a.m.-11 p.m., and a portion
Location:
Alliance, OH. Rural, small town.

Enrollment: 2,200 undergraduates.

Strongest Programs:
Sports management, physician assistant.

Fun Facts: Students are encouraged to participate in the annual Belly Flop competition!

www.mountunion.edu

ELA Self-Leadership Programs in Fun Environment

Students have an opportunity to benefit from a special Effective Leadership Academy (ELA) program. Club Lead, an after-school leadership program, is being offered for an hour on Tuesdays to our students from April 5 to May 24. Held in the SJA Board Room from 3:05 to 4:05 p.m., the cost for the eight-week program is $195 for early birds, and $215 for those signing up after March 31. To register, go to www.effectivela.org or call 216.292.8775.

Spring Break can be a fun opportunity for girls in grades 5-8 to have fun learning leadership skills. SJA is partnering with the ELA to facilitate a two-day, interactive leadership camp called Camp Lead. The camp is being held March 31 and April 1 from 9 a.m. to 3 p.m. at Saint Joseph Academy. The two-day program challenges participants to stretch their personal limits through fun, interactive team challenges and games. The camp empowers girls to become successful academically and personally!

Cost is $99. To register, go to www.effectivela.org or call 216.292.8775 for more information.

Space is limited to 25 students in each program, so be sure to enroll soon!

Wellness Survey To Be Conducted April 7

A key component of Catholic education is the development of the whole student. Our Wellness Curriculum is designed to meet the specific needs of our students. To help us identify the needs and measure the progress of our efforts, students will take a Wellness Survey on Thursday, April 7. The survey is comprised of 100 multiple-choice questions and is based on the Independent School Health Check (ISHC). Please be assured that the survey responses are all confidential and anonymous. We hope that every parent will choose to allow his or her daughter to participate. However, parents may opt for their daughter not to participate.

If you do not want your daughter to participate in the survey, please notify School Counselor Maryann Marek at mmarek@sja1890.org by Monday, April 4 (the first day of school after Easter break).

Here is a link to the complete letter explaining the Wellness Survey.
Paw Prints Store: 'March Madness' Sale; Special Spring Break Picture Contest!

March Madness has hit the Paw Prints Store and that means it's time to clear out Josie's closet! Our Winter Clearance Sale runs from now until Thursday, March 24. (No further discounts will apply to sale items. Limited quantities and sizes. While supplies last.)

Where in the World is Josie?

Spring Break is next week, and we want to know how our students are spending their free time! Whether staying at home or traveling far away, each student is encouraged to take a photo of herself wearing an item purchased in the Paw Prints Store (no physical education uniform, athletic team apparel, or club shirts) and to submit it to info@sja1890.org by Monday, April 4. Picture must be of only one student and should include the student's name, graduation year and picture locale in the subject line. Those submitting a photo will have their name entered to win a gift card in a drawing on Tuesday, April 5.

Additional March shopping hours will make it easier to take advantage of this month's sale prices:

Saturday, March 19, 9 a.m.-Noon
Wednesday, March 23, 9 a.m.-Noon
Thursday, March 24, 9 a.m.-Noon

Pictures Needed for Senior Tribute Video for Annual Mother-Daughter Mass & Reception

Senior parents: The Mothers' Club needs two pictures of your daughter - one when she was under age 5, the other a current one from her senior year. The pictures will be used in a video shown after the Annual Mother-Daughter Mass & Reception on Sunday, April 24.

Please send the digital or scanned photos to pepplecolleen@yahoo.com, along with the names of both mother and daughter. If you scan a photo, please save it as a jpeg to ensure a clear reproduction. If you prefer to send in hard-copy pictures, please turn them into the Main Office in an envelope marked "Mother-Daughter Senior Tribute" by Monday, March 28. The photos will be returned, so please make sure your name is on the back of both photos.

More information will be sent out regarding the Mother-Daughter Mass & Reception, but if you have any questions, please email molly813@aol.com or call 216.251.4742.

Spring Musical 'Little Shop of Horrors' Starts on April 8
A humorous tale of murder, love and a talking plant is not one to be missed! SJ\textquotesingle s Spring musical presentation of "Little Shop of Horrors" will be performed April 8, 9, 10, 15, 16 and 17. Friday and Saturday performances are at 7:30 p.m., Sunday matinees are at 2:30 p.m.

Tickets are $10 for general admission and $5 for students and seniors.

Credit Union Scholarship Application Available

Scholarship applications are currently available from Unity Catholic Federal Credit Union.

Unity Catholic is offering five $1,000 scholarships for students entering 9th through 12th grade. Winners must be active members of the Unity Catholic Federal Credit Union and attending a Catholic school within the Catholic Diocese of Cleveland and Eparchy of Parma. Here is the application form. Deadline for submission is April 1.

Girls in 6th, 7th Grade Invited to 'Leadershop'

Leaders aren\textquotesingle t just born. Leadership qualities need to be nurtured and encouraged. Girls in grades 6th and 7th will be given tools to be future role models at our annual "Leadershop" event, being offered at SJA on Friday, May 6, from 8:30 a.m. to 2 p.m. It is a day full of fun hands-on activities, SJA student-led presentations, lunch in our Dining Hall and a campus tour. Admission is $10 per student. Lunch is included. All participants will receive a T-shirt.

For more information, email here; to sign up, go here.

SPORTS

ALUMNA ATHLETE IN THE NEWS!

Congratulations to Brittany Morrison \textquotesingle 15! Last weekend, Brittany and her teammates at the University of Buffalo became the Mid-American Conference Champions. Buffalo is playing in the NCAA tournament today (Friday, March 18 at 2:30 p.m.) for the first time ever! Brittany started for Buffalo last weekend. Last Friday, she scored 8 points, had 12 rebounds and 2 assists. As starting forward on Saturday, she scored 5 points and had 5 rebounds.

Good luck to Brittany and the Lady Bulls!